

# WHOA!

WHOA! is a model of decision-making.

*Wait*



Stop and think about what is happening before you decide what to do, not after.

*Have a Brain*



- Identify the pressures and emotions at work.
- Think about the conflict or problem, and define it in a sentence.

*Options*



Consider the options for solving the problem and think about the pros & cons.

*Action*

Take action based on the option that best fits.



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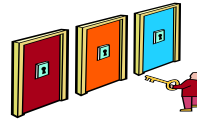
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